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MAY 2024 12pm – 2.15pm  
(Trinidad)

CARIBBEAN & BERMUDA

Medical Protection



# SPOTLIGHT ON RISK

MEDICOLEGAL AND ETHICS CONFERENCE

EVENTS THAT INSPIRE

## Time

- 10.00 – 12.15 Belize
- 11.00 – 13.15 Bahamas | Cayman Islands | Jamaica | Turks and Caicos
- 12.00 – 14.15 Anguilla | Antigua and Barbuda | Barbados | Bermuda | British Virgin Islands | Dominica  
Grenada | Guyana | Montserrat | St Kitts and Nevis | St Lucia | St Vincent and The Grenadines  
Trinidad and Tobago

## Programme

11.00  
12.00

### Welcome and introduction

Ruth Russell Hutton, Business Development Manager, Caribbean and Bermuda, Medical Protection

11.05  
12.05

### Panel | Clinical ethics, law and practice risks: lessons from real-life cases

**Summary:** Healthcare is at a crossroads, as advances in practice create many ethical and legal challenges. This session will analyse three real-life cases, helping to deepen your understanding of ethical and legal issues, build your confidence when faced with complex dilemmas, and enhance your decision-making.

**Case 1:** Data protection: access, sharing and confidentiality of clinical records.

**Case 2:** Intercollegial conflict between healthcare practitioners.

**Case 3:** Social media.

**Dr Bobby Nicholas**, Medicolegal and Dentolegal Services Team Lead, Medical Protection

**Dr Brian Charles**, Emergency Physician, and Consultant to Medical Protection

**Dr Peter Glegg**, Medical Doctor, and Senior Legal Consultant UHWI

**Sir Errol Walrond**, Professor Emeritus at the University of the West Indies, and Honorary Consultant at Queen Elizabeth Hospital

12.05  
13.05

### Break

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12.10

13.10

## Welcome back

Ruth Russell Hutton

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12.15

13.15

## Presentation | Mental health burnout and moral injury post-Covid

**Summary:** This presentation highlights the impact the COVID-19 pandemic has had on clinicians' coping mechanisms and mental health. It describes both the presentation and consequences of burnout and provides suggestions on how to address and prevent it.

**Dr Geoffrey Walcott**, Consultant Psychiatrist, and Clinical Director for Psychotherapy Associates Ltd.

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12.35

13.35

## Panel Session | Breaking the culture of silence to deter burnout

**Summary:** Mental health impacts how we think, feel, and act. It affects the way we handle stress, relate to others, and make decisions.

Many people experience burnout, but combinations of cultural and social traditions have resulted in a stigma.

This panel offers some insights into enhancing our mental wellbeing and how we can best ensure that we remain resilient and hopeful in a challenging world.

Topics to be discussed:

- Ethical implications of burnout in patient care
- Factors linked to burnout
- Control Influence Accept
- How can a practitioner deal with work-related stress?
- Mental health and stigma in the workplace: What can be done to support practitioner wellbeing?

**Dr Bobby Nicholas**

**Dr Geoffrey Walcott**

**Dr Sara Sreih**, Medicolegal Consultant, Medical Protection

**Dr Lynn-Marie Lovell**, Specialist Emergency Physician, and Lecturer in Emergency Medicine, UWI

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13.10

14.10

## Final remarks

**Dr Bobby Nicholas**,

**Ruth Russell Hutton**

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## Biographies



### Dr Brian Charles

Emergency Physician, and Consultant to Medical Protection

Dr Charles gained a BSc degree in natural sciences with honours from UWI in 1983. His medical career began in 1984 at the UWI Mona Campus in Jamaica, and he graduated in 1989 with honours in pathology. He gained his DM in emergency medicine in 1995. At the QEH he was a consultant in the A&E department for ten years, then Director of Medical Services for one year. He was an associate lecturer in emergency medicine at the UWI.

Dr Charles was awarded the Silver Crown of Merit in the 2008 by the Government of Barbados for outstanding service to the profession.

He has been the Caribbean consultant for Medical Protection since 2002.



### Dr Peter Glegg

Medical Doctor, and Senior Legal Consultant UHWI

Dr Glegg is a medical doctor and a senior resident in general surgery at the St Ann's Bay Regional Hospital. An attorney at law, he is the Senior Legal Officer at the University Hospital of the West Indies.

He is a lecturer at the Norman Manley Law School and an adjunct lecturer at UTECH.

He has presented at numerous conferences in Jamaica and abroad specifically in medicolegal matters.



### Ruth Russell Hutton

Business Development Manager, Caribbean and Bermuda, Medical Protection

Ruth Russell Hutton is Business Development Manager and brings to her role 23 years' expertise in sales and marketing. This includes 18 years' experience in researching, analysing, and developing marketing strategies and business plans for the healthcare and pharmaceutical industries throughout the English-speaking Caribbean. Ruth holds a BSc in marketing, and an associate's degree in institutional and catering management. She is based in Jamaica.



### Dr Lynn-Marie Lovell

Specialist Emergency Physician, and Lecturer in Emergency Medicine, UWI

Dr Lovell is an academic emergency physician. She holds the posts of full-time clinical lecturer in the Faculty of Medical Sciences, University of the West Indies (UWI) and Associate Consultant at the Queen Elizabeth Hospital, Barbados.

In addition to her specialisation in emergency medicine, Dr Lovell holds a postgraduate certification in health economics (Middlesex University) and is currently pursuing a further postgraduate certification in university teaching, and learning. She is a member of the American College of Emergency Physicians (ACEP) and an instructor for advanced cardiovascular life support (ACLS), and advanced paediatric life support (APLS). Dr Lovell has also completed several internationally recognised resuscitation courses including advanced trauma life support, mass casualty management, and emergency ultrasound.

Her special interests include physician wellbeing, and her first published research area was on emergency physician burnout and resilience in the Caribbean populations – an area she remains passionate about.



### Dr Bobby Nicholas

Medicolegal and Dentolegal Services Team Lead, Medical Protection

Dr Nicholas is a Medicolegal Consultant Team Leader at MPS with experience of providing assistance to doctors in Hong Kong, Singapore, Malaysia, the Caribbean, and the UK. Dr Nicholas is a qualified general practitioner and was previously the clinical lead for a large GP out-of-hours service. He completed his undergraduate degree in 2004, holds a master's in medical law from King's College London, and is currently studying for an executive MBA at Warwick Business School.



### **Dr Sara Sreih**

Medicolegal Consultant, Medical Protection

Dr Sreih graduated from University College London in 2008 with a degree in medicine, having also obtained a BSc in Neuroscience and Basic Medical Sciences. She went on to train in psychiatry in West London, gaining membership of the Royal College of Psychiatrists. She has worked as a postgraduate medical education and clinical risk fellow, and obtained a postgraduate diploma in clinical education at UCL Institute of Education.

Dr Sreih joined MPS in 2016, initially advising and supporting members in the UK, before moving to handling cases in Asia, Caribbean and Bermuda. She has since obtained a postgraduate diploma in governance, risk and compliance from the International Compliance Association, and is a member of the ICA. She has also obtained a diploma of legal medicine from the Faculty of Forensic and Legal Medicine, and completed her LLM in Medical Law from Queen Mary University.



### **Dr Geoffrey Walcott**

Consultant Psychiatrist, and Clinical Director for Psychotherapy Associates Ltd.

Dr Walcott, MBBS, DM Psychiatry, is currently the Consultant Psychiatrist and Clinical Director for Psychotherapy Associates Ltd, and a member of the steering committee and director of the preceptorship programme for management of schizophrenia for Janssen Pharmaceutical Latin America and Caribbean. He has published 24 peer-reviewed journal articles and two book chapters, and served as reviewer for three international journals and guest editor for Frontier in Psychiatry academic journal. He has also presented at clinical conferences locally, regionally, and internationally.

He was the co-principal investigator on a Grand Challenges Canada Grant O334-04 funded research project and subsequent grants from the Ministry of Education transition to scale programme; for which he received the Principal's Award for Most Outstanding Research Activity in 2015.

He has worked as the consultant psychiatrist in charge of community mental health services for the parishes of Kingston and St Andrew in the South Eastern Regional Health Authority, Jamaica.



### **Professor Emeritus Sir Errol R Walrond**

Professor Emeritus at the University of the West Indies, and Honorary Consultant at Queen Elizabeth Hospital

Professor Walrond began his medical career when there were few trained surgeons in Barbados. He practised general, chest and heart surgery and spent 45 years contributing to the progress of medicine in Barbados, writing over 150 publications on medical research, health policies and services, and medical ethics, including Ethical practice in everyday health care and A question of ethics; case conferences in everyday medical and legal Issues.

His dedication to fighting the spread of HIV/AIDS is evident in his work on many committees designed to plan and execute programmes of treatment for and education on the disease. He has served on the National Commission on AIDS, the Management Committee of the WHO Global Programme on AIDS, and the National AIDS Advisory Council in Barbados.

He has assisted many other organisations and committees. Among these, he has served as member of the Advisory Commission on the Queen Elizabeth Hospital, the Foundation President of the Caribbean College of Surgeons, Chairman of the Caribbean Accreditation Authority for Education in Medicine and other Health Professionals and Chairman of the Medical Council in Barbados.

Professor Walrond was awarded the Companion of Honour in Barbados in 1990 and he was also honoured the Knight of St. Andrew in 2011.